

Broadwas C of E Primary School



Each year should provide the following experiences:

- Games/ Ball skills/ Sending and receiving
- Invasion Games (football, basketball, rugby, hockey, handball)
- Net and wall Games (tennis, badminton, volleyball)
- Striking and Fielding Games (cricket, rounders)
- Target game (dodgeball, golf, curling, archery, bocce, bowling)
- Dance
- Gym/ Yoga
- Swimming
- OAA/ Team building
- Athletics/ Fitness/Fundamentals

PE Long Term Plan Cycle A

Year Groups	Autumn Term 1	Autumn Term 2	Spring Term 1	SpringTerm 2	Summer 1	Summer 2
	Care of our Environment	Culture and Diversity	Creativity and Innovation	Economy and Power		
EYFS - Preschool	Please see separate EYFS Pre School curriculum information					
EYFS - Reception	Forest School Thursdays - Personal, Social and Emotional Development (PSED), Communication and Language (C+L), Physical Development (PD), Literacy (L), Mathematics (M), Understanding the World (UTW)					
	EYFS Fundamentals	EYFS Gymnastics	EYFS Gymnastics	EYFS Dance	EYFS Ball Skills Bikability	EYFS Games
	Lesson 1	Lesson 1	Lesson 1	Lesson 1	Lesson 1	Lesson 1

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Year 1 and 2	GetSet4PE Y1 Fundamentals Lesson 2 GetSet4PE Y1 Team Building	GetSet4PE Y1 Gym Lesson 2 GetSet4PE Y1 Invasion Games	GetSet4PE Y1 Dance Lesson 2 GetSet4PE Y1 Target Games	GetSet4PE Y1 Net and Wall Lesson 2 GetSet4PE Y1 OAA	GetSet4PE Y1 Striking and Fielding Lesson 2 Swimming	GetSet4PE Y1 Athletics Lesson 2 Swimming
	Lesson 1 GetSet4PE Y3 Fundamentals Lesson 2 GetSet4PE Y3 Rugby	Lesson 1 GetSet4PE Y3 Gym Lesson 2 GetSet4PE Y3 Ball Skills	Lesson 1 GetSet4PE Y3 Dance Lesson 2 Swimming	Lesson 1 GetSet4PE Y3 Handball Lesson 2 Swimming	Lesson 1 GetSet4PE Y3 Rounders Lesson 2 LTATennis External Provider: LTA Coach	Lesson 1 GetSet4PE Y3 Athletics Lesson 2 GetSet4PE OAA
Year 5 and 6 (Sport Specific)	Lesson 1 GetSet4PE Y5 Rugby Lesson 2 Swimming	Lesson 1 GetSet4PE Y5 Gym Lesson 2 Swimming	Lesson 1 GetSet4PE Y5 Dance Or Dance Earth + Space (PE Coordinator Folder) Lesson 2 GetSet4PE Y5 Golf	Lesson 1 GetSet4PE Y5 Netball Lesson 2 GetSet4PE Y5 dodgeball	Lesson 1 GetSet4PE Y5 Rounders Lesson 2 LTA Tennis External Provider: LTA Coach	Lesson 1 GetSet4PE Y5 Athletics Lesson 2 GetSet4PE OAA

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PE Long Term Plan Cycle B

Year Groups	Autumn Term 1	Autumn Term 2	Spring Term 1	SpringTerm 2	Summer 1	Summer 2
Care of our Environment		Culture and Diversity		Creativity and Innovation		Economy and Power
EYFS - Preschool	Please see separate EYFS Pre School curriculum information					
EYFS - Reception	Forest School Thursdays - Personal, Social and Emotional Development (PSED), Communication and Language (C+L), Physical Development (PD), Literacy (L), Mathematics (M), Understanding the World (UTW)					
	EYFS Fundamentals	EYFS Dance	EYFS Gymnastics	EYFS Dance	EYFS Ball Skills Bikability	EYFS Games
Year 1 and 2	Lesson 1 GetSet4PE Y2 Fundamentals	Lesson 1 GetSet4PE Y2 Gym	Lesson 1 GetSet4PE Y2 Dance	Lesson 1 GetSet4PE Y2 Net and Wall	Lesson 1 GetSet4PE Y2 Striking and Fielding	Lesson 1 GetSet4PE Y2 Athletics
	Lesson 2 GetSet4PE Y2 Team Building	Lesson 2 GetSet4PE Y2 Invasion Games	Lesson 2 GetSet4PE Y2 Target Games	Lesson 2 GetSet4PE Y2 OAA	Lesson 2 Swimming	Lesson 2 Swimming
Year 3 and 4	Lesson 1 GetSet4PE Y4 Hockey	Lesson 1 GetSet4PE Y4 Football	Lesson 1 GetSet4PE Y4 Gym	Lesson 1 GetSet4PE Y3 Yoga	Lesson 1 GetSet4PE Y2 Dance	Lesson 1 GetSet4PE Y4 Cricket
	External Provider: Malvern Junior Hoc key Academy	Lesson 2 GetSet4PE Y4 Ball Skills	Lesson 2 Swimming	Lesson 2 Swimming	Lesson 2 GetSet4PE Y4 Badminton	External Provider: Chance to Shine

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	Lesson 2 GetSet4PE Y4 Fundamentals					Lesson 2 GetSet4PE Y4 Athletics
Year 5 and 6	Lesson 1 GetSet4PE Y6 Hockey Lesson 2 Swimming	Lesson 1 GetSet4PE Y6 Football External Provider: Kidderminster Harriers Lesson 2 Swimming	Lesson 1 GetSet4PE Y6 Gym Lesson 2 GetSet4PE Y6 Dodgeball	Lesson 1 GetSet4PE Y6 Netball Lesson 2 GetSet4PE Y6 Dance	Lesson 1 GetSet4PE Golf Lesson 2 GetSet4PE Y6 Badminton	Lesson 1 GetSet4PE Y6 Cricket External Provider: Chance to Shine Lesson 2 GetSet4PE Y6 Athletics

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Extra-Curricular Clubs 2024-26

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Hockey Club KS2 Football Club KS2	Football Club KS1	Tag Rugby Club KS2	Tag Rugby KS1	Cricket Club KS2	

Inter School Competitions (After School in red/School Games in blue)

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
- Quicksticks Hockey - Y3/4 7 a-side Football tournament - Y3/4 7 a-side Football tournament - Y5/6 Cross Country	- Ks2 Indoor girls 5 a-side football tournament - Y1/2 Mixed indoor 5 a-side football - Y3/4 Dance Festival	- KS1 Multi-skills - KS1 Mini – Olympics - Y5/6 Athletics	- Y5/6 Gymnastics Festival - Y56 Netball Festival - KS2 DanceFest	- Reception Tiny Olympics - Ks2 Cross country - Y34 Tag Rugby festival - Y56 Girls Football Festival - Y1/2 Cricket Festival - Y3/4 Tri-Golf	- Y5/6 Rounders Tournament - Y6 Cluster sports day

Intra School Competitions

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y34 Hockey	Y34 Rugby Y56 Football		KS2 Basket Ball KS2 Netball	KS2 Tennis KS2 Badminton	KS2 Rounders KS2 Athletics

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					KS2 Cricket
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