

PSHE Whole School Curriculum Map 2023-25 Cycle A

Year Groups	Autumn Term 1	Autumn Term 2	Spring Term 1	SpringTerm 2	Summer 1	Summer 2
Reception	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages
Year 1 and 2	Me and My Relationships (Y1) Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Valuing Difference (Y1) Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair!	Keeping Myself Safe(Y1) Healthy me Super sleep Who can help? Harold loses Geoffrey What could Harold do? Good or bad touches?	Rights and Responsibilities(Y1) Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	Being My Best (Y1) I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day	Growing and Changing (Y1) Inside my wonderful body! Taking care of a baby Then and now Who can help? (2) Surprises and secrets Keeping privates private

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Year 3 and 4	Me and My Relationships (Y3) As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Thunks Friends are special	Valuing Difference (Y3) Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our differences Zeb	Keeping Myself Safe (Y3) Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes: the facts Super Searcher None of your business! Raisin Challenge (1) Help or harm?	Rights and Responsibilities (Y3) Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money	Being My Best (Y3) Derek cooks dinner! Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents	Growing and Changing (Y3) Relationship tree Body space Secret or surprise My changing body Basic first aid
Year 5 and 6	Me and My Relationships (Y5) Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe	Valuing Difference (Y5) Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true?	Keeping Myself Safe (Y5) 'Thunking' about habits Jay's dilemma Spot bullying Ella's diary dilemma Decision Dilemmas	Rights and Responsibilities (Y5) What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference Spending wisely	Being My Best (Y5) Getting fit It all adds up! Different skills My school community Independence and responsibility Star qualities	Growing and Changing (Y5) How are they feeling? Taking notice of our feelings Dear Hetty Changing bodies and feelings

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	Being assertive Our emotional needs Communication	It could happen to anyone	Play, Like, Share Drugs: true or false? Smoking: what is normal? Would you risk it?	Lend us a fiver! Local councils	Basic first aid	Growing up and changing bodies It could happen to anyone Help, I'm a teenager... get me out of here! Dear Ash Stop, start stereotypes
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PSHE Whole School Curriculum Map 2023-25 Cycle B

<u>Year Groups</u>	<u>Autumn Term 1</u>	<u>Autumn Term 2</u>	<u>Spring Term 1</u>	<u>SpringTerm 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Reception	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages
Year 1 and 2	Me and My Relationships (Y2) Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy	Valuing Difference (Y2) What makes us who we are? How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem	Keeping Myself Safe (Y2) Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept	Rights and Responsibilities (Y2) Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping	Being My Best (Y2) You can do it! My day Harold's postcard – helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?	Growing and Changing (Y2) A helping hand Sam moves house Haven't you grown? My body. Your body Respecting privacy Basic first aid

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Year 3 and 4	Me and My Relationships (Y4) An email from Harold! Ok or not ok? (1) Ok or not ok? (2) Human machines Different feelings When feelings change Under pressure	Valuing Difference (Y4) Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with That is such a stereotype!	Keeping Myself Safe (Y4) Danger, risk or hazard? Picture Wise How dare you! Medicines: check the label Know the norms Keeping ourselves safe Raisin Challenge (2)	Rights and Responsibilities (Y4) Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes?	Being My Best (Y4) What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community (1) Basic first aid	Growing and Changing (Y4) Moving house My feelings are all over the place! All change! Period positive Secret or surprise? Together
Year 5 and 6	Me and My Relationships (Y6) Working together Let's negotiate Solve the friendship problem Assertiveness Skills	Valuing Difference (Y6) Ok to be different We have more in common than not Respecting differences	Keeping Myself Safe (Y6) Thinking before you click! Traffic lights To share or not to share? Rat Park	Rights and Responsibilities (Y6) Two sides to every story Fakebook Friends What's it worth? Jobs and taxes	Being My Best (Y6) Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2)	Growing and Changing (Y6) Helpful or unhelpful? Managing change I look great? Media manipulation Pressure online

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	Behave yourself Dan's day Don't force me Acting Appropriately It's a puzzle	Tolerance and respect for others Advertising friendships! Boys will be boys? Challenging gender stereotypes	What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) Joe's story (part 2)	Action stations! Project Pitch (parts 1 and 2) Happy shoppers Democracy in Britain 1 – Elections Democracy in Britain 2 – How (most) laws are made	Basic first aid	Is this normal? Dear Ash Making babies What is HIV?
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